

DMV Medical Advisory Board

TYPE OF MEETING	DMV Medical Advisory Board
FACILITATOR	Dr. Susan DiGiovanni, Rebecca Parsio
MEETING DATE	Friday, July 13, 2018
MEETING TIME	2:00 – 5:00
MEETING LOCATION	Conference Room 301
NOTE TAKER	Rebecca Parsio

ATTENDEES

Name	Agency, Company or Association
Dr. Susan DiGiovanni	DMV Medical Advisory Board, Chair
Dr. Mark Sochor	DMV Medical Advisory Board
Dr. Adam Rosenblatt	Not Present
Dr. Ahmed Nasrullah	Not Present
Dr. Trevor Talbert	Not Present
Dr. Saji Slavin	DMV Medical Advisory Board
Dr. Hetzal Hartley	DMV Medical Advisory Board
Janet Baugh	Office of the Attorney General
Millicent Ford	Department of Motor Vehicles
Sharon Brown	Department of Motor Vehicles
Florence Jett	Department of Motor Vehicles
Rebecca Parsio	Department of Motor Vehicles
Melissa Velazquez	Department of Motor Vehicles

CALL TO ORDER

The DMV Medical Advisory Board meeting was called to order by Dr. Susan DiGiovanni at 2:10 PM to address the agenda as posted on the Commonwealth Calendar (Document #1). Introductions of those present were made.

PUBLIC COMMENT PERIOD

Dr. DiGiovanni opened the public comment period by reading the following information into the record. "The first item on the agenda is the public comment period. At this time citizens are invited to address the board on any matter related to the board's statutory role pursuant to Va. Code § 46.2-204. The code provides that the board assists the commissioner through the development of medical and health standards for use in the issuance of driver's licenses; and the commissioner may refer to the board for an advisory

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opinion the case of any person applying for a driver's license or renewal, or of any person whose license has been suspended or revoked, or of any person he has cause to believe suffers from a physical or mental disability or disease which will prevent his exercising reasonable or ordinary control of a motor vehicle while driving it on the highways.

This is a time for the board to hear from you and listen to your comments. While this is not intended to be a conversation with the board, the board may ask clarifying questions. Please be aware that the board has a lengthy agenda and limit your comments to 10 minutes or less."

There were no members of the public present. No comments were made to the board.

APPROVAL OF MEETING MINUTES

Dr. Hartley made a motion to approve the meeting minutes from July 30, 2016. The motion was seconded by Dr. Sochor and carried unanimously. (Document #2)

Dr. Sochor made a motion to approve the meeting minutes from September 30, 2017. The motion was seconded by Sharon Brown and carried unanimously. (Document #3)

VISUAL FIELD STUDY

Millicent Ford provided information about community action that brought the current vision requirements under scrutiny. Two bills were introduced during the 2017 General Assembly session that proposed to raise the visual field standard from 100 degrees to 120 degrees and 140 degrees. After working with stakeholders and discussing the potential fiscal impact on DMV if new vision screening equipment were required, it was decided that the minimum visual field standard would be raised from 100 degrees to 110 degrees, eliminating the need for new vision screening equipment in DMV Customer Service Centers (CSCs). The Chairs of the General Assembly Transportation Committees then asked the Virginia DMV to undertake a study to determine if a wider visual field is necessary. A copy of the completed report has been provided to board members. (Documents #4) Melissa Velasquez, who authored the report, provided a description of the components of the final version, including a listing of the Medical Advisory Board Members.

For the study DMV conducted a literature review, internal data analysis and surveyed other states. There have been some initiatives from the study that have been completed including an updated Med 4 - Customer Vision Report (Document #5), website updates, internal process changes, and improved training of Customer Service Center staff.

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MED 4 (Vision Report)

The Med 4 (Document #5) was revised for two reasons. It now has a front and back, with the back page containing a summary of the DMV Visual Field Policy. Rebecca Parsio reported that members of the Virginia Society of Eye Care Professionals and Surgeons (VSEPS) and the Virginia Optometric Association met with DMV and assisted in the development of the updated form.

Once the form was completed it was released via e-mail through the Board of Medicine and the Board of Optometry. The information was included in the news briefs to practitioners in both groups. Document #6 is a sample of the DMV information released.

MEDICAL REVIEW POLICIES

The Board reviewed the DMV medical policies and made recommendations in accordance with Va. Code § 46.2-204. Rebecca Parsio introduced the suggested policy changes provided by various members of the board between meetings. Changes were made to each policy. Each policy with changes was discussed to determine whether further amendments should be made. Please see the table below for a synopsis of the amendments. The updated policies with their amendments will be posted to DMV's medical webpage. Dr. DiGiovanni asked for a motion to approve policies with further revisions suggested at the meeting.

Policy	Revisions
DMV Pain Management Policy (Document #7)	The following language was added to the section addressing non-commercial drivers: "DMV reserves the right to request that a driver provide additional information from a specialist in order to assess their ability to operate a motor vehicle safely."
DMV Policy for Drivers Requiring Insulin (Document #8)	The title of the policy was changed to: DMV Policy for Drivers with Uncontrolled Diabetes The following changes were made in the non-commercial driver section: Drivers who have had a blackout, seizure, loss of consciousness, or altered mentation due to a diabetic reaction, hypoglycemia or hyperglycemia must provide the following acceptable information to DMV before DMV reinstates their driving privileges:

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	<p>Blood sugars must remain at a level higher than 70 mg/dl and under 400 mg/dl.</p> <p>The Commercial Driving section now includes the language re: altered mentation and hyperglycemia</p>
<p>DMV Policy for Drivers with Psychiatric Disorders (Document #9)</p>	<p>Added the following language:</p> <p>“DMV may impose additional requirements on the individual depending on the information DMV has received.”</p> <p>Conditions that DMV monitors include, but are not limited to the following:</p> <ul style="list-style-type: none"> • Major depression • Bipolar disorder • Schizophrenia • Personality disorders with aggressive or dangerous behaviors • Individual with recent suicidal or homicidal ideation
<p>DMV Seizure/Blackout Policy (Document #10)</p>	<p>Added the following language:</p> <p>“DMV may impose additional requirements on the individual depending on the information DMV has received.”</p>
<p>DMV Substance Abuse Policy (Document #11)</p>	<p>Added the following language:</p> <p>“DMV may impose additional requirements on the individual depending on the information DMV has received.”</p>
<p>DMV Vaso-vagal Syncope Policy (Document #12)</p>	<p>Added the following language:</p> <p>“DMV may impose additional requirements on the individual depending on the information DMV has received.”</p>
<p>DMV Transient Ischemic Attack and/or Cerebral Vascular Accident Policy</p>	<p>Added the following language:</p> <p>“DMV may impose additional requirements on the</p>

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(Document #13)

individual depending on the information DMV has received.”

Added the following language:

“The three month suspension may be shortened for drivers who have suffered a TIA provided that treatment has been provided mitigating the risk of reoccurrence and there is no impact on a driver’s ability to operate a motor vehicle safely. These cases may be referred to the DMV Medical Advisory Board for their guidance and recommendations.”

Discussion:

- Further discussion was held addressing drivers with depression. Dr. DiGiovanni pointed out the many people suffer from depression without an impact to driving. She cautioned to limit the review to drivers who have experienced hospitalization for the condition.
- Further Discussion on the DMV Policy for Drivers Requiring Insulin. Rebecca Parsio asked about handling drivers who have had a hypoglycemic event and are on some of the new medications. These medications are not insulin but have the potential to cause hypoglycemia. Dr. Slavin indicated that this policy could be clearer and recommended a title change to DMV Policy for Drivers with Uncontrolled Diabetes. Dr. Sochor added that elevated blood sugar levels can also impact safety to drive and he recommended a maximum blood sugar level as well as a minimum.
- Further discussion was held on the DMV Transient Ischemic Attack (TIA) and/or Cerebral Vascular Accident (CVA) Policy. Dr. DiGiovanni has been approached by a community neurologist and asked to reevaluate the language re: TIAs. The policy contains language allowing for a CVA to obtain early reinstatement if recovery has been complete. No language exists for early reinstatement after a TIA. Language was recommended to allow early reinstatement while ensuring public safety.

DMV Pain Management Policy

Motion: Dr. Slavin

Second: Dr. Hartley

Approved: All

DMV Policy for Drivers Requiring Insulin now titled DMV Policy for Drivers with

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Uncontrolled Diabetes

Motion: Dr. Slavin

Second: Dr. Hartley

Approved: All

DMV Policy for Drivers with Psychiatric Disorders

Motion: Dr. Sochor

Second: Dr. Hartley

Approved: All

DMV Seizure/Blackout Policy

Motion: Dr. Sochor

Second: Dr. Slavin

Approved: All

DMV Substance Abuse Policy

Motion: Dr. Slavin

Second: Dr. Sochor

Approved: All

DMV Vaso-vagal Syncope Policy

Motion: Dr. Sochor

Second: Dr. Slavin

Approved: All

DMV Transient Ischemic Attack and/or Cerebral Vascular Accident Policy

Motion: Dr. Hartley

Second: Dr. Sochor

Approved: All

NEW POLICY CONSIDERATIONS

Pedal Confusion Crashes

Rebecca Parsio reminded the board that a discussion was initiated at the last board meeting. A review of the literature identifies two primary causes for pedal confusion crashes; loss of peripheral sensation and loss of executive function.

The board recommended that a policy be drafted for consideration at the next board

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meeting. After the initial event, a driver should be tested for executive function and foot sense. In many cases this will require a CDRS evaluation.

Adaptive Equipment

Rebecca Parsio described the current practice of the agency and several situations where it would have served the agency to have a written policy in place. The board agreed that a written policy is needed. The consensus of the board is that the current practice of requiring CDRS for drivers who have need of adaptive equipment is appropriate if that need is new. Drivers moving into the state with long-term adaptive equipment can be referred for a skills test only.

Adaptive equipment failures should be referred to CDRS.

Janet Baugh stated that clear policies are needed and that she sees a need for this policy. Rebecca Parsio will draft the policy for consideration at the next board meeting.

CLOSED SESSION

Dr. DiGiovanni made a motion to convene into the closed session. The motion was seconded by Dr. Sochor for the Board to enter into a closed session to discuss matters covered under §§ 2.2-3711 (a)(4) and 2.2-3711(a)(15) of the Code of Virginia, 1950, as amended, pertaining to consideration of medical or mental health records relating to specific individuals; and discussion of personal matters not related to public business.

The motion carried unanimously.

CERTIFICATION OF CLOSED EXECUTIVE SESSION

Whereas, the Medical advisory Board has convened in executive session on this date pursuant to an affirmative recorded vote and in accordance with the provisions of the Virginia Freedom of Information Act; and Whereas, § 2.2-3712 of the Code of Virginia, as amended requires a certification by this Medical Advisory Board that such executive closed session was conducted in conformity with Virginia law; Now Therefore, Be It Resolved that Medical Advisory Board hereby certifies that, to the best of each member's knowledge, (i) only public business matters lawfully exempted from open meeting requirements by Virginia law were discussed in the executive closed session to which this certification resolution applies, and (ii) only such public business matters as were identified in the motion convening the executive closed session were heard, discussed or considered by the Medial Advisory Board.

A roll call of board members was conducted:

Dr. DiGiovanni – Approved

Dr. Hartley – Approved

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Dr. Sochor – Approved

Dr. Slavin - Approved

REVIEW OF MEDICAL CASES

Medical Case 1:

Apply – Seizure Policy – without additional information the driver should remain suspended.

Dr. DiGiovanni – Approved

Dr. Hartley – Approved

Dr. Sochor – Approved

Dr. Slavin - Approved

Note: Rebecca Parsio asked what questions should be asked in similar cases. The board instructed:

What happens when the seizure occurs? Motor symptoms?

Is there warning?

How long does it last?

Is recovery normal or are residual symptoms present?

Are there any changes to level of consciousness?

Medical Case 2:

Apply Syncope Policy – This is an unexplained event and warrants a 6 month suspension.

Dr. DiGiovanni – Approved

Dr. Hartley – Approved

Dr. Sochor – Approved

Dr. Slavin - Approved

Medical Case 3:

Apply Syncope Policy – This is an unexplained event and warrants a 6 month suspension.

Dr. DiGiovanni – Approved

Dr. Hartley – Approved

Dr. Sochor – Approved

Dr. Slavin - Approved

Medical Case 4:

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Apply Syncope Policy – This is an unexplained event and warrants a 6 month suspension.

**Dr. DiGiovanni – Approved
Dr. Hartley – Approved
Dr. Sochor – Approved
Dr. Slavin - Approved**

Medical Case 5:

Apply Seizure Policy – The event potentially impacts driving and warrants a 6 month suspension.

**Dr. DiGiovanni – Approved
Dr. Hartley – Approved
Dr. Sochor – Approved
Dr. Slavin - Approved**

Medical Case 6:

Apply Syncope Policy – This is an unexplained event and warrants a 6 month suspension.

**Dr. DiGiovanni – Approved
Dr. Hartley – Approved
Dr. Sochor – Approved
Dr. Slavin - Approved**

ADDITIONAL ITEMS

Rebecca Parsio informed the board that Dr. Rosenblatt has announced his retirement this fall. He will need to have a mid-term replacement. Janet Baugh reviewed the *Virginia Code* section establishing the Medical Advisory Board and determined that a physician must be actively practicing to remain on the board. Anticipated dates of reappointment or replacement are at the end of September 2018. Two physicians have expiring terms: Dr. DiGiovanni and Dr. Sochor. Dr. Hartley reported that he has retired but remains actively employed in a different capacity. He is working with agencies in the Commonwealth on occupational health practices and standards. Janet Baugh indicated that he still meets the qualifications necessary to remain on the board.

ADJOURNMENT

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The meeting adjourned at 4:50 PM The next board meeting will be held Friday, October 26th, 2018.

ACTION ITEMS – NEW	PERSON RESPONSIBLE	DEADLINE
Prepare medical policies for meeting in November	Rebecca Parsio	
Update policies approved at the meeting	Rebecca Parsio	

Documents referenced in the minutes are available upon request. Please call Rebecca Parsio, RN at (804) 367-4380 or e-mail her at Rebecca.parsio@dmv.virginia.gov.