

## LOCAL HUMAN RIGHTS COMMITTEE

01/23/17

Present: Susan Richardson, LHRC Acting Chair  
Carolyn Marion, LHRC Member  
Artea Ambrose, DBHDS/OHR Advocate  
Jim Rankin, *Affiliate: NCG, Inc.-Staunton/H'burg*  
Mike Hamilton, *Affiliate: Liberty Point*  
Gretchen Wilhelm, *Affiliate: Compass Counseling Svcs*  
Crystal West, *Affiliate: Intercept Youth Svcs.-Shen House*  
Kerry Chilton, *disAbility Law Center of Virginia (dLCV)*  
Clyde Mathews, *disability Law Center of Virginia (dLCV)*  
Daniel Herr, DBHDS-Assist. Commissioner  
Mary Clare Smith, MD, CCCA Acting Fac. Dir.  
Pam White, CCCA LHRC Liaison

Renee Hummell, LHRC Secretary  
Taneika Goldman, DBHDS/OHR-Assist. Dir.  
Cassie Purtlebaugh, DBHDS/OHR Regional Advocate  
Karyn Nicolai, *Affiliate: VHBC & VSS*  
Kathryn Dickerson, *Affiliate: Liberty Point*  
Heather Belcher, *Affiliate: Intercept Youth Svcs.-Shen. House*  
Jessica Sibold, *Affiliate: Family Pres. Svcs. Inc.*  
Teresa Bouthillier, *Affiliate: Intercept/MHS & IHS*  
Jenny Heilborn, *disAbility Law Center of Virginia (dLCV)*  
Donna Moore, Ph.D., DBHDS  
Vickie Coyner, CCCA Assist. Dir.

Absent: Greg Czyszczon, Ph.D, LHRC Chair  
Maynard Ritchie, OHR/WSH-CCCA Advocate

Sarah Russell, LHRC Member

Minutes Prepared by: Pamela White, CCCA Liaison

Approved by: \_\_\_\_\_

Renee Hummell, Secretary

CURRENT AGENDA	FUTURE AGENDA
1. Call to Order; Review of Minutes	1. Call to Order; Review of Minutes
2. General: Affiliated Programs	2. General: Affiliated Programs
3. Advocate's Report	3. Advocate's Report
4. CCCA Facility Director's Report	4. CCCA Facility Director's Report
5. Adjourn	5. <b>The next regular CCCA LHRC meeting has been scheduled for 04/17/17 @ 10:00am.</b>

1. Susan Richardson, LHRC Acting Chair called the meeting to order with roundtable introductions of all present and a review of the CCCA LHRC minutes of 10/17/16.

Action: The motion was made by Renee Hummell-Member that the CCCA LHRC minutes of 10/17/16 be approved as presented and seconded by Carolyn Marion-Member; the motion passed unanimously.

### 2. **Affiliations:** Annual Reports

Ms. Richardson acknowledged the Annual Reports submitted by Mike Hamilton, *Affiliate: Liberty Point*, Karyn Nicolai, *Affiliate: VHBC & VSS*, and Heather Belcher, *Affiliate: Intercept Youth Svcs.-Shen. House*.

Action: The CCCA LHRC accepted the reports as presented. Ms. Richardson also reported that Spectrum Transformation Group had withdrawn from the CCCA LHRC.

3. Cassie Purtlebaugh-DBHDS Regional Advocate began the Advocate's Report by introducing Taneika Goldman-DBHDS/OHR Assistant Director and Daniel Herr-DBHDS Assistant Commissioner. She announced that the new *Regulations to Assure the Rights of Individuals Receiving Services from Providers Licensed, Funded, or Operated by the Department of Behavioral Health and Developmental Services* had been signed with an effective date of 02/09/17. She added that training is being offered for HPR I on 03/21/17, which would be a one-day session with a registration fee of \$30.00. Ms. Purtlebaugh and Ms. Goldman shared that providers were no longer required to attend LHRC meetings unless they have business to bring before the LHRC. Ms. Purtlebaugh added that Annual Reports to the LHRC will not be required with providers using CHRIS to report. Artea Ambrose, DBHDS/OHR Advocate added that incidents should be coded appropriately when entering data into CHRIS.

4. Daniel Herr-DBHDS/Assistant Commissioner began the Facility Director's Report with an introduction of Mary Clare Smith, MD as CCCA's Acting Facility Director as of 01/16/17. He also introduced Donna Moore, Ph.D.-DBHDS who has reviewed over 400 events in the usage of seclusion and restraint and would be speaking regarding a case review from the previous meeting. Mr. Herr reported that from FY13-FY16, admissions to all facilities have increased dramatically due to new legislation and that there is a focus on changing needs. Mr. Herr stated that with the increase in admissions, there is much appreciation for the public private partnership with Poplar Springs for psychiatric beds. He added that CCCA has experienced a significant increase in patients with ID/ASD/DD diagnosis and Conduct Disorder. He reported that the Emergency Restraint Chair (ERC) is now used by 4 out of 5 hospitals and that while most injuries occur during restraint engagement, the use of the ERC reduces injuries. Vickie Coyner-Assistant Director commented that CCCA continues to review seclusion and restraint and that Central Office has been participating in efforts to reduce Length-of-Stay and discharging patients back to the community. Donna Moore, Ph.D.-DBHDS added that while looking at recidivism, there is an increased acuity but that the seclusion and restraint (S&R) events are not tied to readmission rates, noting that CCCA S&R episodes have decreased from July 2016 through November 2016. She added that children's admission rates tend to be seasonal, as with the school calendar. Dr. Moore presented an overview of efforts to reduce the usage of S&R and maintain safety, citing the review of events from 200+ patient charts.

Action: Dr. Smith will provide an update on activities and Center Instruction 2411 at the next meeting.

5. Ms. Richardson provided an opportunity for public comment. Clyde Mathews-Disability Law Center of Virginia (dLCV) made an inquiry as to what had contributed to the recent decrease in the use of seclusion and restraint at CCCA. Dr. Moore responded that efforts included the restructuring of the nursing department, more supervisory staff on the units, and increased involvement by unit psychologists. Mr. Herr commented that staff shortages continued to be a core challenge and that recruitment efforts had also been increased.
6. Ms. Richardson made a motion which was seconded and passed to go into closed session pursuant to VA Code §2.2-3711 for purposes including but not limited to the protection of the privacy of individuals in personal matters not related to public business and/or the discussion or consideration of medical and mental records.

Action: Upon reconvening in open session, the CCCA LHRC certified to the best of each member's knowledge, only public business matters lawfully exempt from statutory open meeting requirements and only public business matters identified in the motion to convene the closed session were discussed in closed session.

7. With no further CCCA LHRC business, motions were made and seconded; the meeting was adjourned.