

Virginia Council on Women

Meeting Minutes

Friday, April 26, 2024, 12 pm-4 p.m.

In person in Richmond, VA & online via Zoom

Members Present in Person:

1. Chair Joely Mauck
2. Dr. Georgeanne Long
3. An Tu Do
4. Donna Price
5. Vice Chair Kara Moran
6. Teresa Pregnall
7. Kristina Hagen
8. Valerie Coley
9. Secretary Gee

Members Present via Zoom:

1. VCW Secretary Erin Rayner
2. Aisha Johnson
3. Courtney Hill
4. Marisol Moralesdiaz

Staff Present in Person:

1. Emma Jensen

Welcome, Call to Order, Meeting Overview:

Adoption of Meeting minutes from February 23, 2024:

FOIA Presentation: Justin Bell, FOIA Director from the Attorney General Office

- [Insert attachment of FOIA presentation]
- Overview of what FOIA is and parameters

- Smart to create an email specific to your board business and work so its separate to your personal email
- Rules around voicemail and texts
- Use your FOIA officer for any questions you have
- What is public information and how you should be wary of what you put in an email
- What is a public meeting and what constitutes one
- Gifts to board members
- As of July 1, there are new rules for meetings; virtual and in person
 - New rule is that you can have up to 50% meetings virtual, going up from 25%
 - Quorum rules... need to notify if attending or not to ensure quorum is met or else meetings will be canceled
 - You can't have back to back meetings virtually, one has to be in person in between
 - Subcommittee meetings are separate counts and don't count towards larger council numbers for meetings
 - No sub committees less than 4 people
- Can't make decisions in emails

Introduce: Presentation from Administration

- Dr. Alexis Aplasca: Senior Clinical Advisor for the Governor's Behavioral Health Transformation Plan-Right Help, Right Now
- [links for what she is presenting]
- Year one focuses for mental health
 - Crisis receiving centers
 - Assessments
 - Mobile crisis teams
 - 988 emergency line for mental health crisis
 - Data said ER entry mental health crisis ended more in hospitalization vs using the mobile crisis team support
 - Goal was 70 response teams for 2023, they got to 90!
- Bills that passed GA this year
 - Healthcare coverage for crisis-pushed for emergent coverage for these teams and people. commercial coverage for mental health crisis
- Behind on advertising
- **ACTION:** Will send along a list of the crisis stabilization centers and mobile crisis teams so we have regional contacts
 - Only varying thing is availability in some areas due to staffing

- Getting the right people in the right place to get the help faster and more appropriately. Infrastructure for sustainability
- 911 vs. 988 protocols to route calls appropriately
- Career paths in mental health
 - How to recruit and training
 - Different paths for workers
 - How to create roles, retain roles
 - Support within the field so not to lose people to burn out
- Virginiaheals.org is a resource or the community
- Ms. Price worries about the administration is funding religious organizations who have a bias towards mental health in some areas such as gender identity and LGBTQ+ health vs organizations that deal with this area of mental health issues
 - Dr assure there are federal checks and balances that will assure there will be access for funds to organizations that address the concerns of Ms. Price and her concerns are valid and hope that they can address all areas of mental health issues that are non-discriminatory
- From Ashley Marshall:
 - Dr. Aplasca noted that there is a 988 toolkit. The website is <https://988va.org/>
 - Specifically, you can find the toolkit on this page of the site: <https://988va.org/media-resources.php>
 - Donna also talked about Albemarle County's HART team, which you can find information on at: <https://www.albemarle.org/government/human-services/human-services-alternative-response-team-hart> but also do know that many VA localities are starting or have started their own co-responder team including Lynchburg, Richmond, Culpepper, Fairfax, Alexandria, Prince William County, Arlington, Virginia Beach, Charlottesville, etc :). This is often in response to the Marcus Alert Legislation that will be fully in force in 2028!
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- Big area is opioid crisis in VA
 - Naloxom training
 - Funds for mental health and support for organizations for addiction and especially veterans
 - Training on awareness in schools and messaging
 - Children’s Mental health awareness in May 9
 - May 7 is Fentanyl awareness day
 - All of may is mental health awareness month
- Youth mental health awareness
 - A lot of funding didn’t make it through GA this session

- One of them that failed was reexamining acute mental health services for kids

Secretary Gee update on meeting with Governor

- Policy recommendations –how do we engage non-profits and corporate America
- Use of pilot programs
- Introductions to good organizations that would be good to work with us
 - Marty at anti-tobacco America
 - Dept of social services –americorp
 - Bring the deputy sec for education to us to talk about workforce development
- Any support to promote 988
- STEAM -H reception at the mansion and will work on date and how it will run
- Ms. Price requests better attendance at those receptions
- Mrs. Rayner is requesting no Tuesdays or Thursdays because of required town council requirements most of those days of the month.

STEAM-H Essay Discussion:

- Thank you's to all for the support for this program
- Kara Moran's updates
 - Donations
 - \$37k is what we have as of now
 - Still chasing 2 more large donations
 - ADP \$10k this year and next year
 - Capital One for \$5k
 - Deadline is Sunday at midnight for submissions
 - Got a late start this year but getting there
 - Will start earlier this year to make it easier and more streamlined
 - We only got around 106 essays which was low so we extended deadline
 - We break them up by region, merit and needs based

General Discussion:

- Meeting with Governor went well, despite frustration by governor about budget not passing
- Let's get creative about how we can raise money to support women

- Go after corporate
- Social media... use Joely's social media employee from company to support VCW social media marketing... body imaging, gender identity, whatever that would be approved for our social media
 - Want to go back to governor to say this is what we are doing to advertise
 - Use an existing premade toolbox for awareness months to share on social media – they are from national brands that are pre-vetted
- Erin Rayner—committee chair for education
 - Think how we can educate state and locally and support women and girls; volunteer
 - Go into schools, foundation support, George Mason University – Comstock Program for Women in Leadership
- Aisha Johnson –Workforce
 - Workforce development
- What can we do as a council within our purview
- Would like to do training at our May meeting
 - Bring in individuals from health wagon and RAM from the mobile units
 - Virginia Rural Health Association
- Discussing what issues our committee should focus on
 - Issues and dangers of social media and its effect on women
 - Grassroots organizations, data reports, and educating the public effectively
- Erin to connect Ashley to LCPS social worker to do virtual reading of books to kids
- How can we engage in different areas of support for women?
 - Mental health
 - Rural health
 - Education
 - Trauma support
 - Maternal health
 - Doulas and certifications
 - Outcomes for women of color
 - Fourth trimester support
 - Childcare issues
 - Affordability
 - Availability

Closing Remarks and Announcements, Adjournment:

Move to adjourn at 3.43pm

The next meeting is scheduled for May 31st @ODU

Board Web Site: Women.Virginia.Gov

Board E-mail: women@Governor.Virginia.Gov