

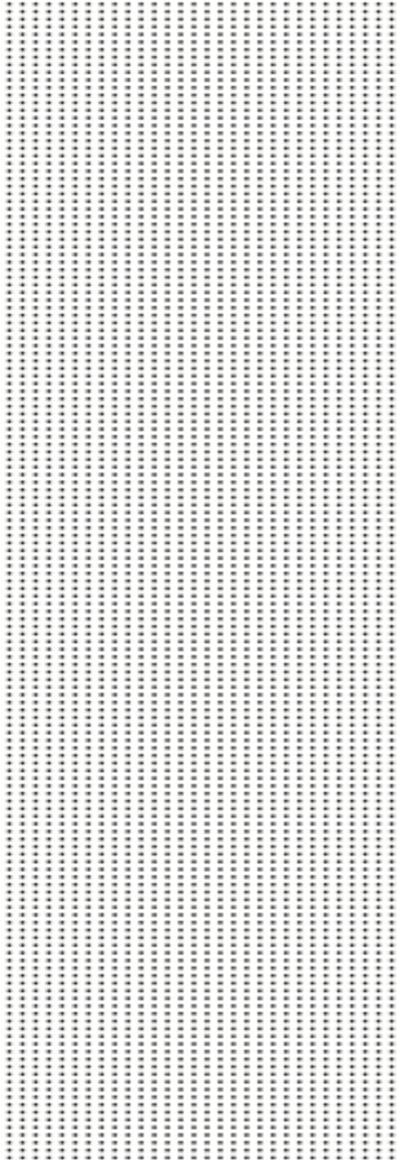
VOSAP Collaborative Quarterly Meeting

November 20, 2025

10:00 a.m. – 12:00 p.m.



Welcome & Introductions



Approval of August 2025 Meeting Minutes

Updated Youth Data - VDH



VOSAP Updates

VOSAP Updates

- Annual Report is set to be reviewed by Virginia ABC Board tomorrow.
- Once approved, it will get submitted to the Legislative Information System and posted on our website.
- Sharing events and opportunities more easily.
 - You should have received an invitation to collaborate on an Excel document.
 - If you did not receive one, please let me know.

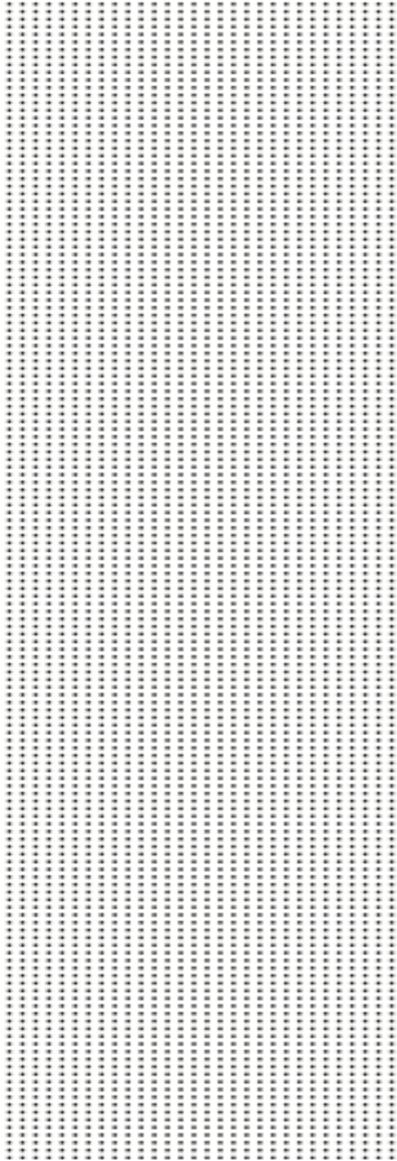
Current Events

- Virginia poised to launch adult-use cannabis market.
 - “At its next meeting on Dec. 2, the Joint Commission on the Future of Cannabis Sales, which the legislature created earlier this year, will roll out its finalized proposal for a retail framework it hopes the General Assembly will pass during the 2026 session. If lawmakers send the bill to Spanberger’s desk early next year, sales could begin as early as fall 2026.”

Current Events

- National legislation closing the 2018 Farm Bill loophole was passed.
 - "How the bill that ended the shutdown could threaten the US hemp industry's future"
 - 0.3% limit on THC in hemp
 - 0.4 mg / package

Group Discussion



Agency News and Updates

Virginia ABC Updates

- Virginia Alcohol Health & Safety Community Dashboards
 - <https://www.abc.virginia.gov/education/health-dashboard>
- Alcohol Education & Prevention Grant Application Opens January 1st.
 - <https://www.abc.virginia.gov/education/grants>
 - \$10,000 for Alcohol Prevention Projects
 - Underage Drinking
 - Social Hosting/Providing
 - Adult High-Risk Drinking

Virginia ABC Updates

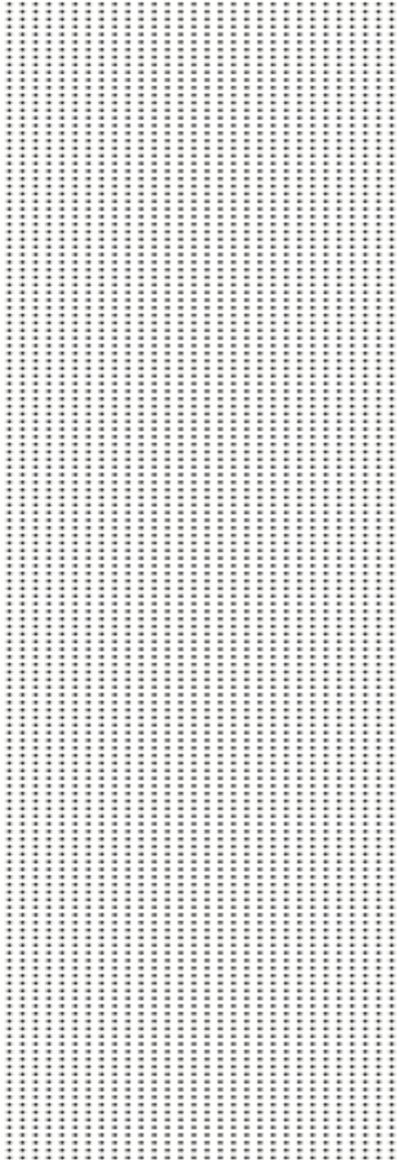
- Power of Parents
 - Free handbooks and presentations to help parents have important, ongoing conversations with their teens about drugs and alcohol.
- YADAPP 2026
 - July 13-17 at Christopher Newport University
 - Youth leadership and substance use prevention conference.
 - 4 rising high school students and 1 Adult Sponsor

Upcoming Events

Things to Note

- **Fiscal Year 2026 Meeting Schedule:**
 - February 19, 2026
 - May 21, 2026
- **Virginia ABC Contact Information**
 - Education@VirginiaABC.com
 - www.ABC.Virginia.gov
 - 804-977-7440

Public Comment



Substance Use Trends in Virginia Youth

Julia Mogren, MPH, CHES
VOSAP
November 20, 2025

Overview

Data Sources for Youth Substance Use

Alcohol

Cannabis

Drug Overdose

Data Sources

Virginia Youth Survey

Hospital Discharge

Vital Statistics Death Certificate Data

Data Sources

Virginia Youth Survey

- Voluntary school-based survey to randomly selected middle and high schools in Virginia
- Administered every odd year
- Approximately 10,000 students each cycle
- Questions on youth health behaviors
- Youth: 10-18 years

Hospital Discharge

- Virginia residents who were hospitalized in Virginia
- All Virginia-licensed hospitals
- Discharge billing data on inpatients; 18 available diagnosis fields
- ICD-10-CM diagnosis codes
- Youth: 10-24 years

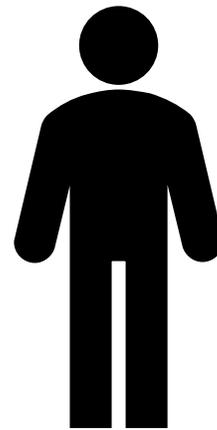
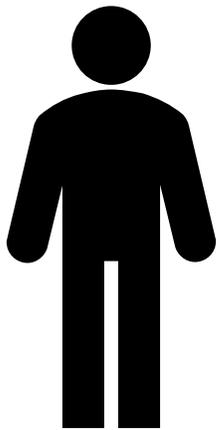
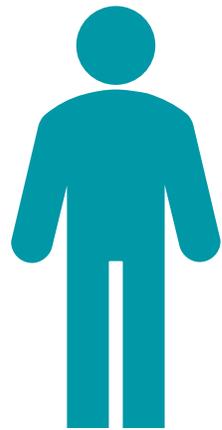
Death Certificates

- Virginia resident deaths, whether or not the death occurred in state
- ICD-10-CM codes as underlying cause of death
- Data used by Centers for Disease Control and Prevention to compare death data to other states
- Youth: 10-24 years

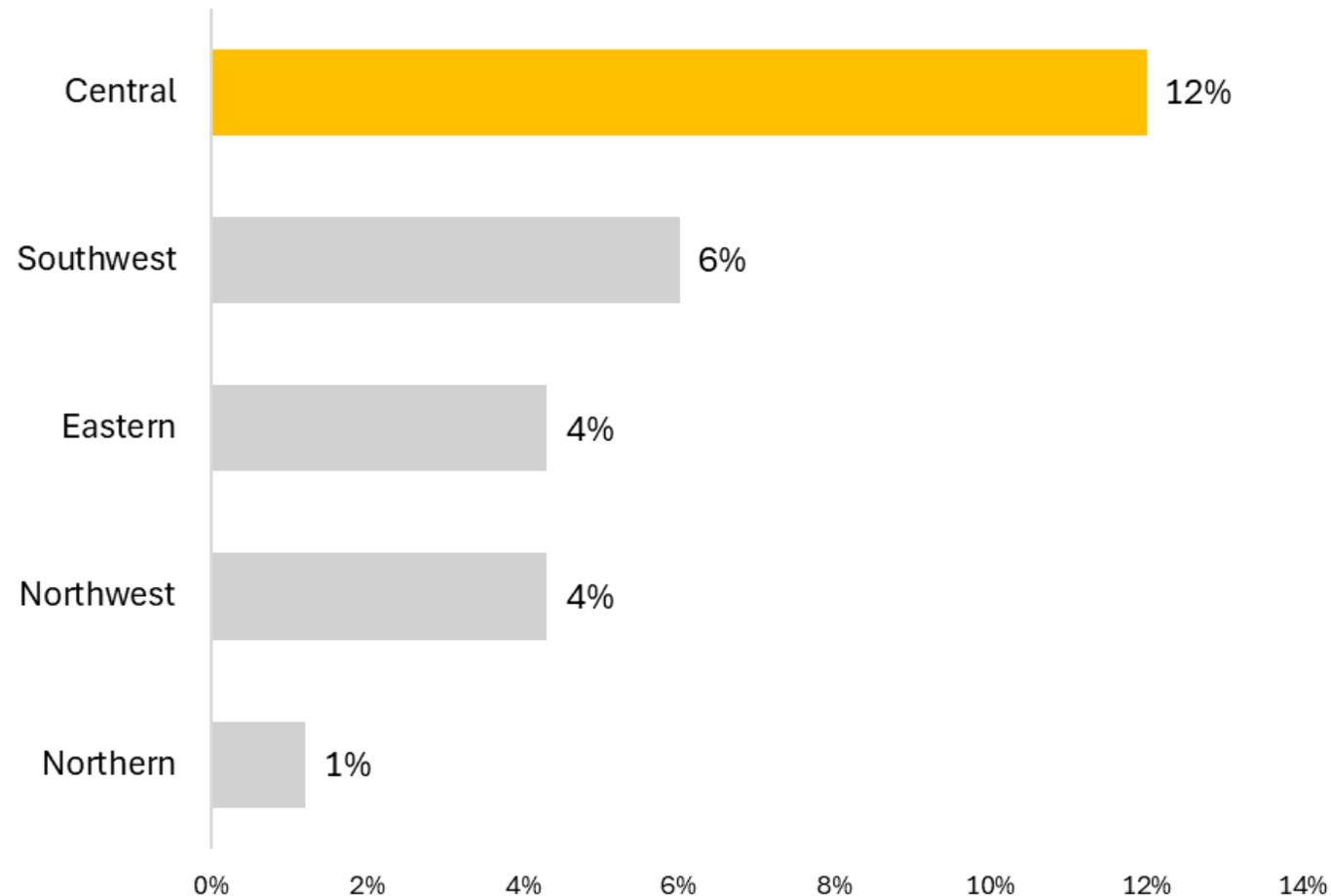
Alcohol

Virginia Youth Survey
Hospital Discharge

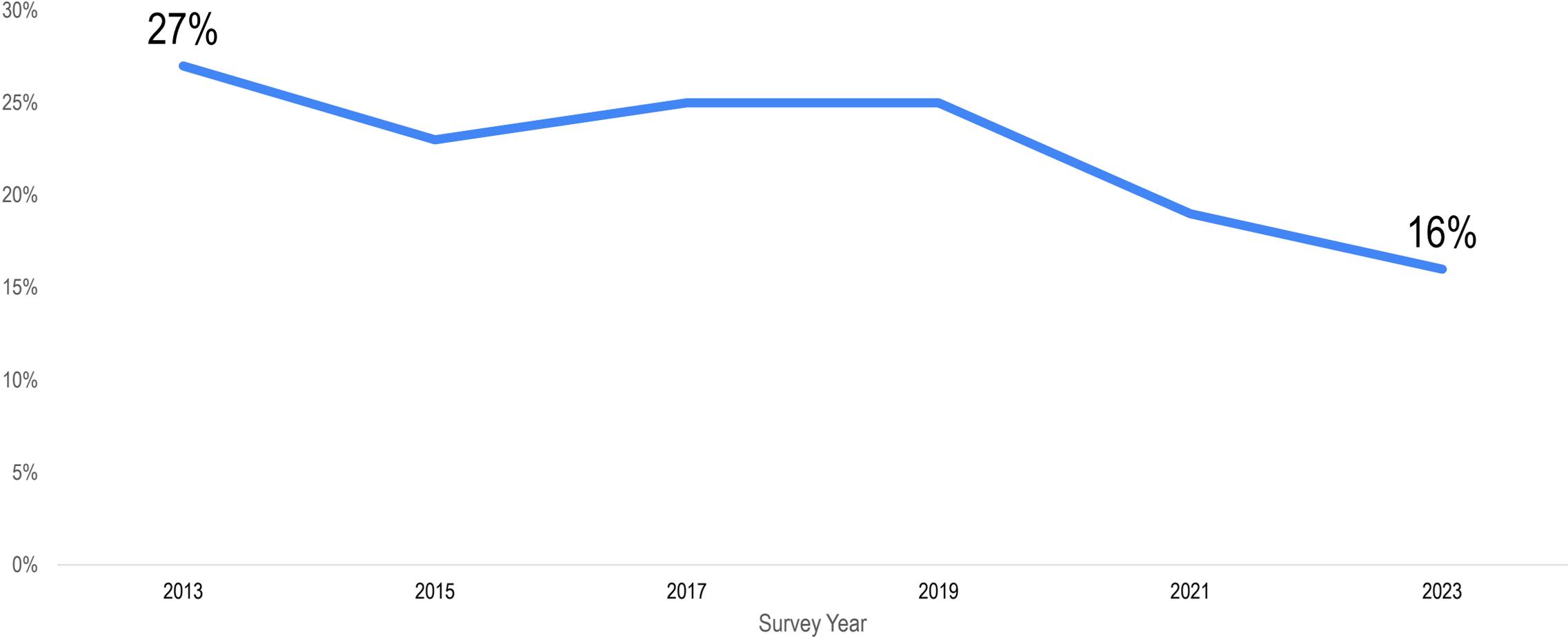
Almost **one out of 3** (33%) high school students have tried alcohol in their **lifetime** according to the 2023 survey.



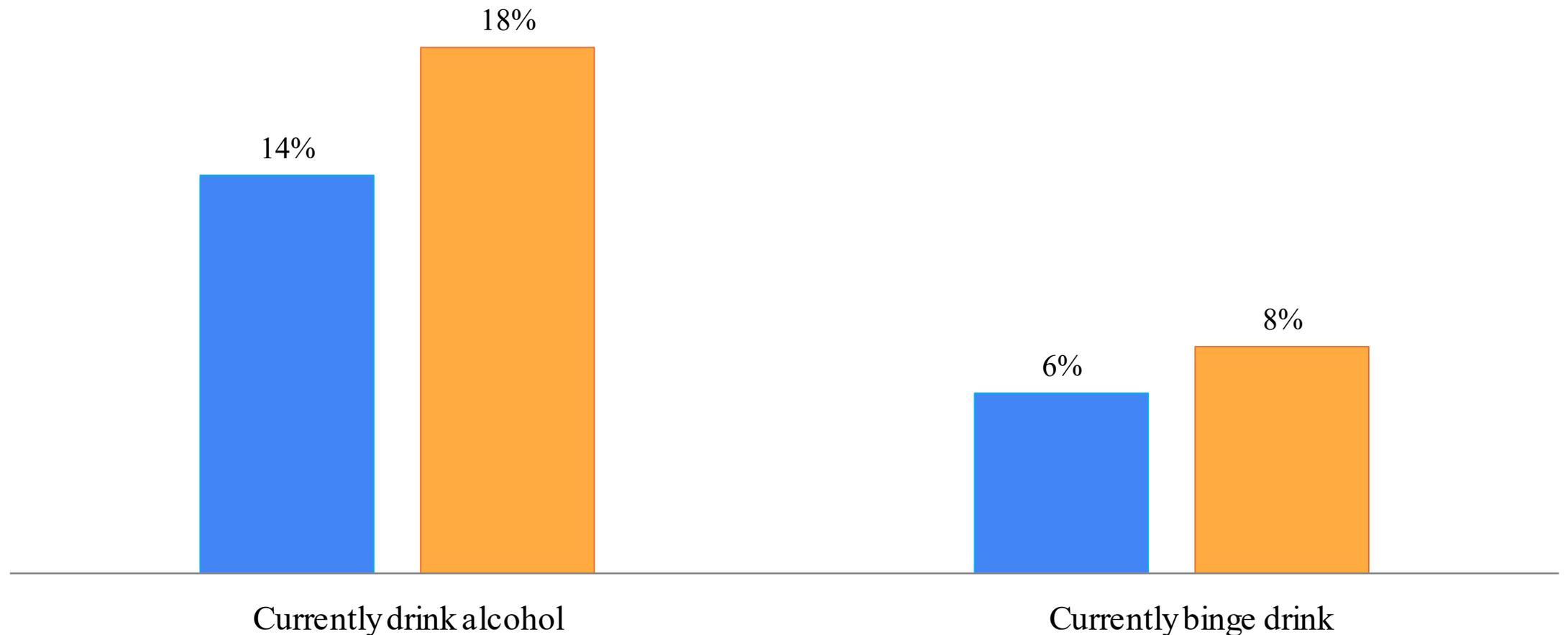
In 2023, **Central Region** high school students were **more likely** than the high school students in the other regions to have their first drink of alcohol before **13 years of age**.



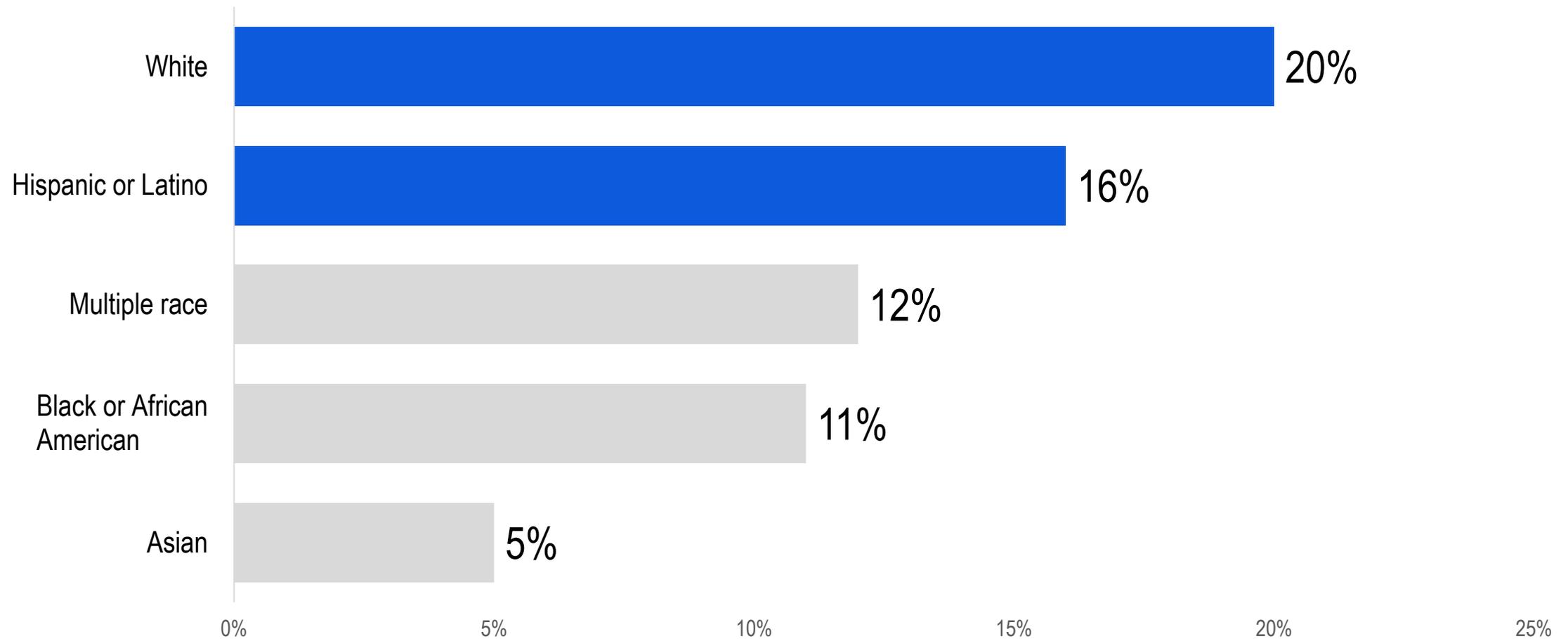
Virginia high school students were **less likely** to drink alcohol in 2023 than in 2013.



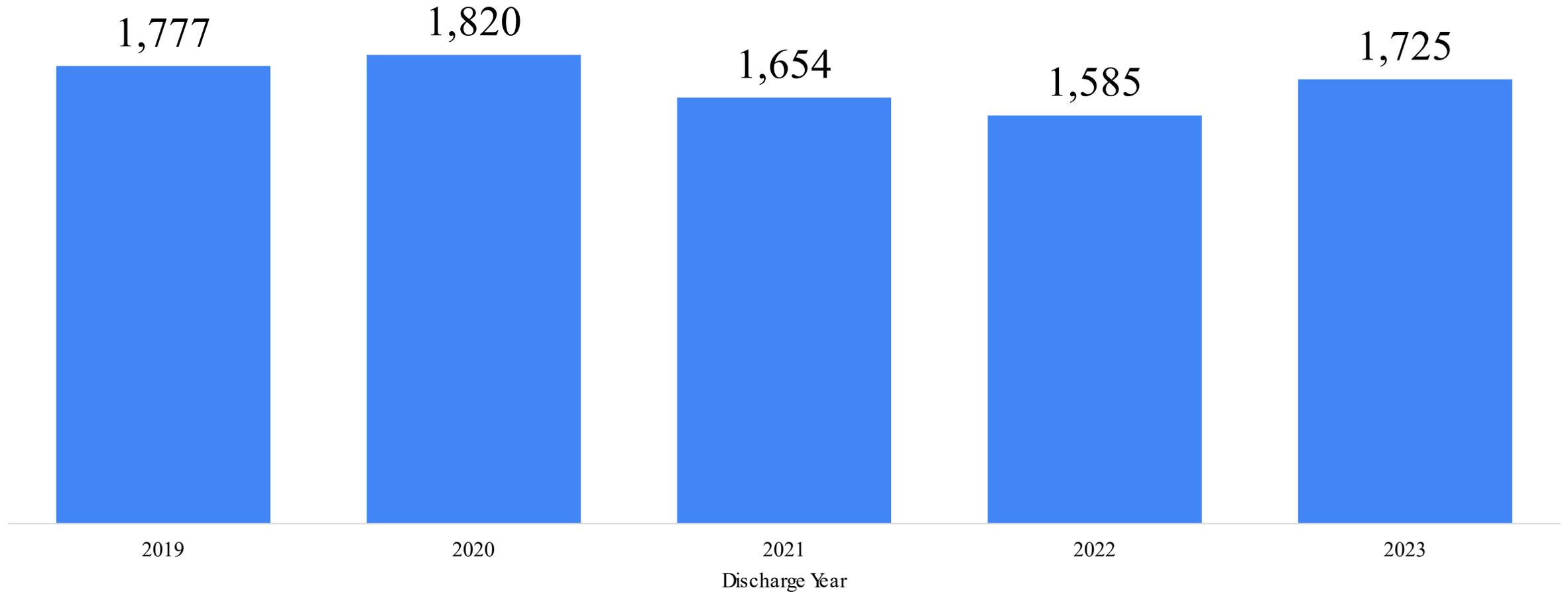
In 2023, **female** high school students were more likely than **male** high school students to currently drink alcohol and to binge drink.



Over **a quarter (36%)** of high school students who identified as Hispanic or Latino or White reported current alcohol use in 2023.



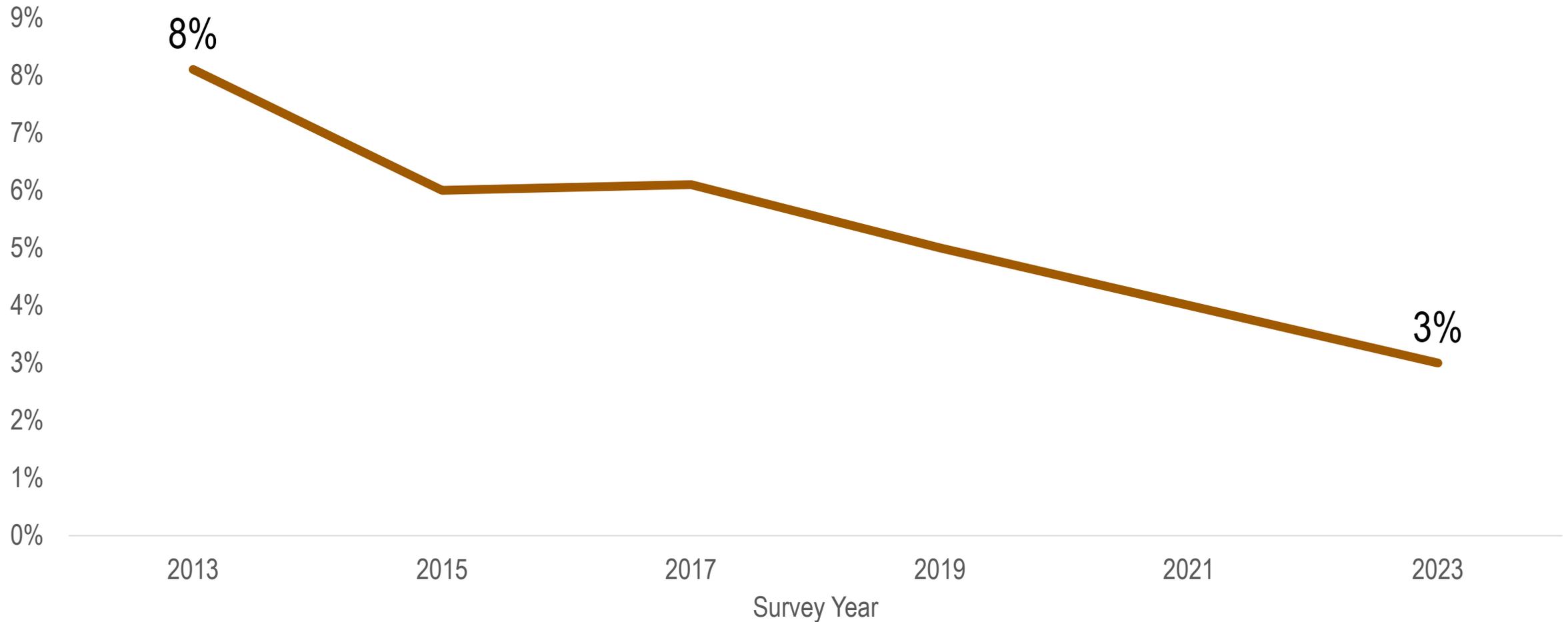
An average of **1,712** alcohol-related hospitalizations occurred each year from 2019 to 2023 among Virginians aged 10-24 years.



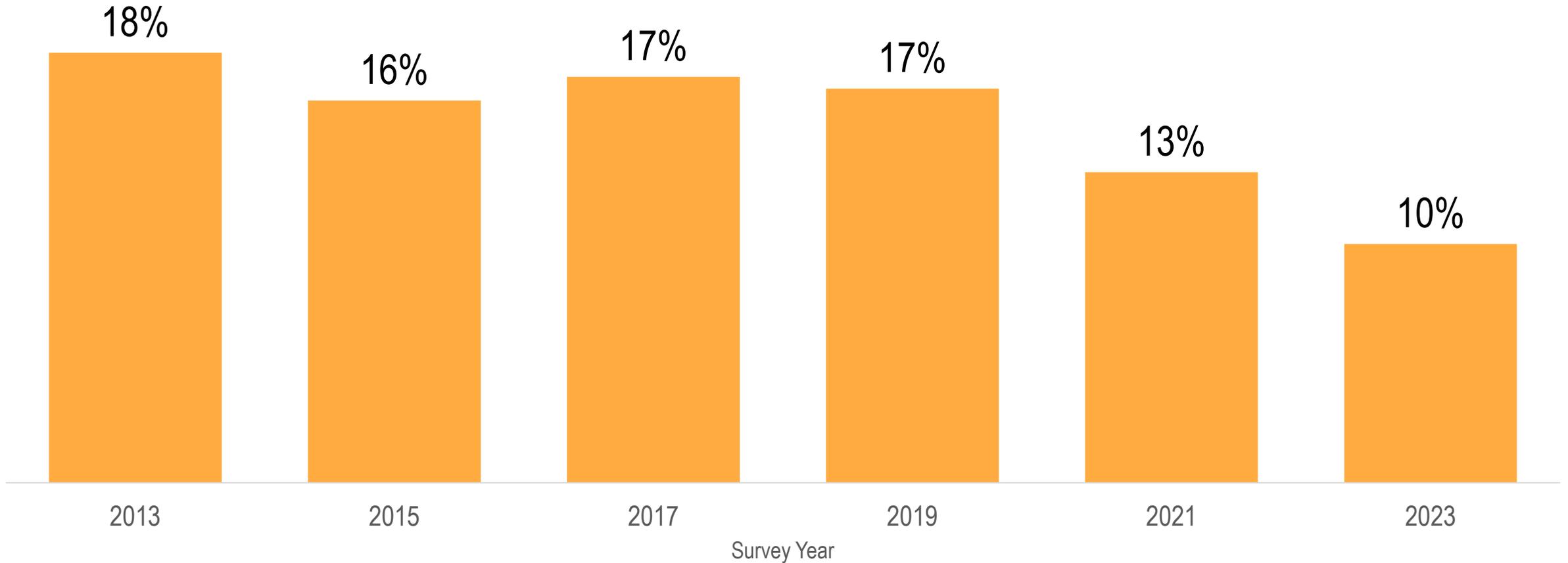
Cannabis

Virginia Youth Survey

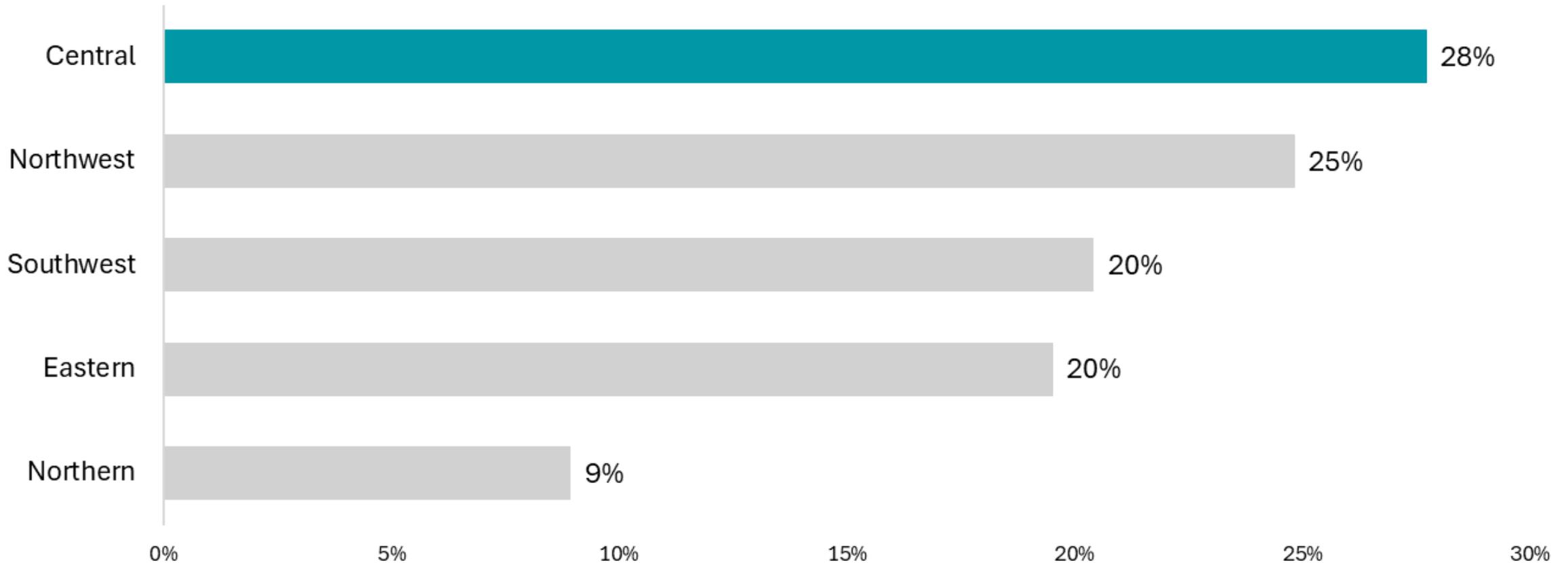
Virginia high school students were **less likely** to try marijuana before age 13 in 2023 than in 2013.



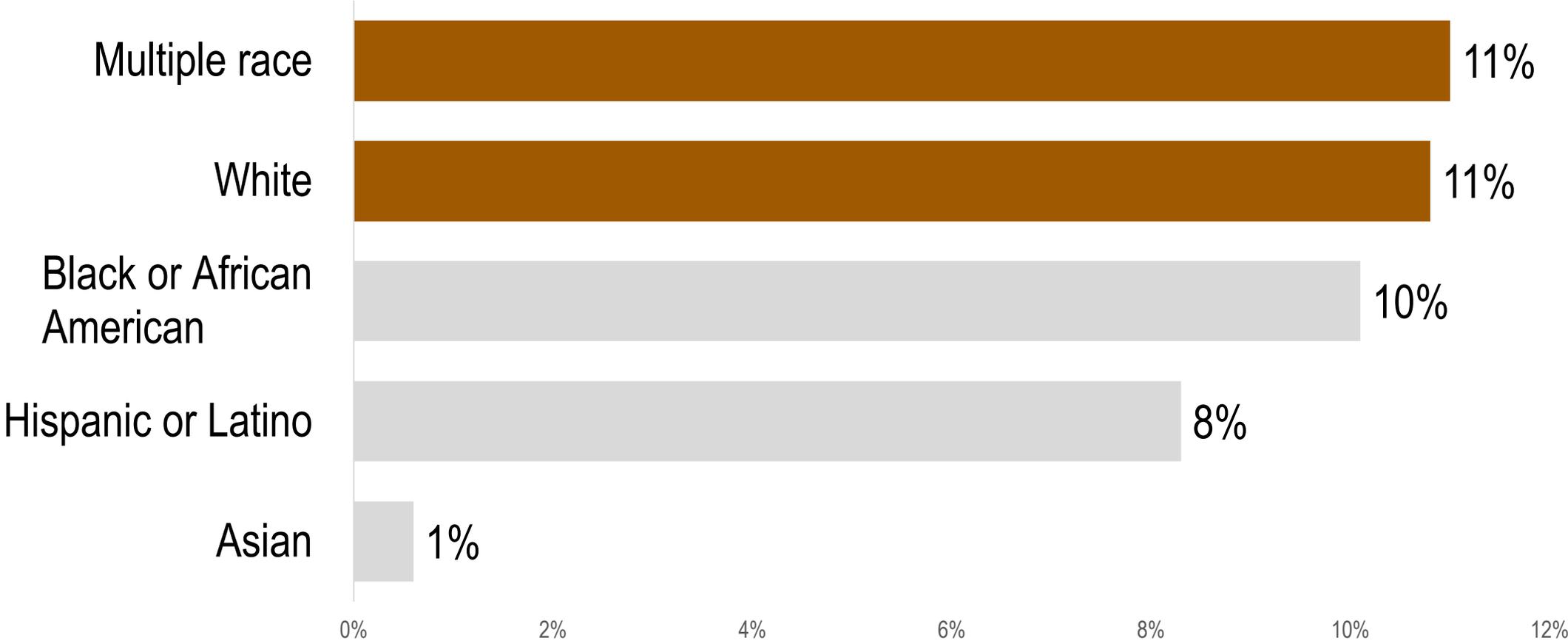
Between 13% and 18% of Virginia high school students reported marijuana use each year from 2013 to 2023.



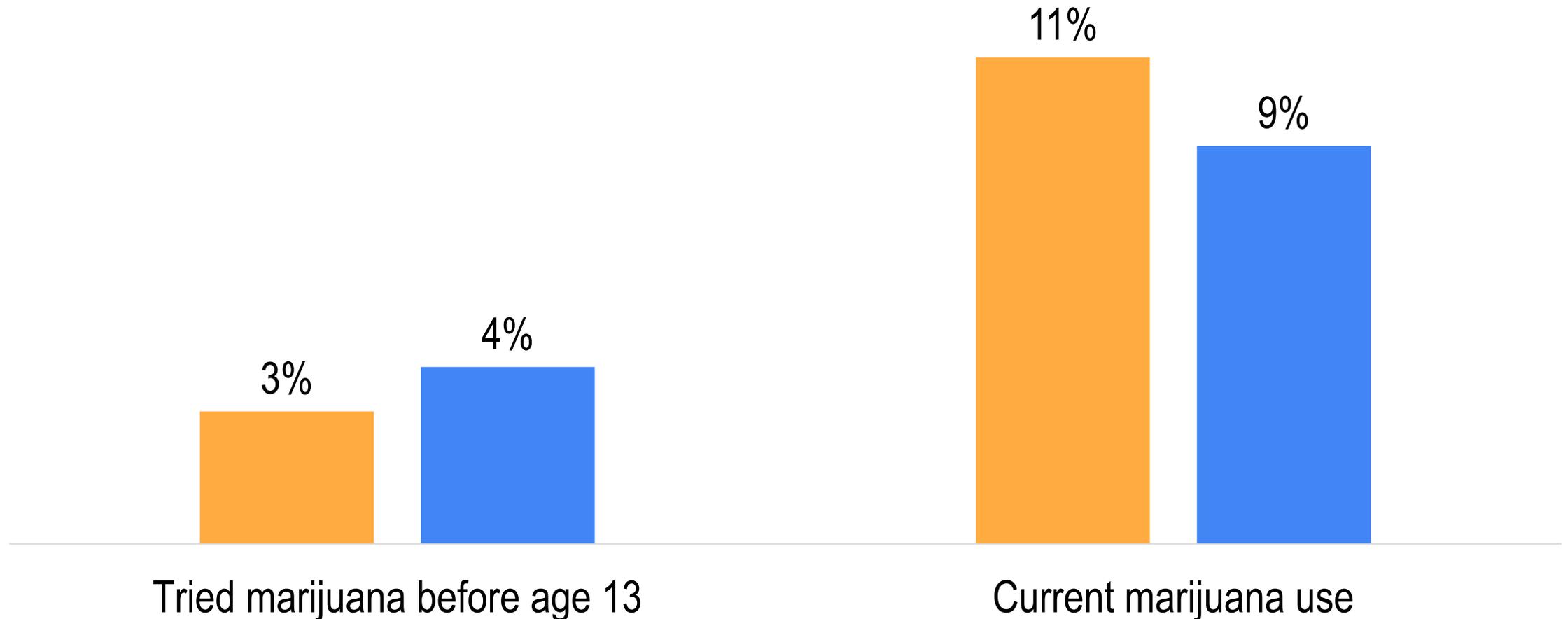
In 2023, **18% of the students** reported ever trying marijuana with **over a quarter (28%)** of those students being from **Central Region**.



Almost **one-quarter (22%)** of high school students who identified as multiple race or White reported current marijuana use in 2023.



In 2023, **female** and **male** high school students were ***equally*** likely to report trying marijuana before age 13 and current marijuana use.

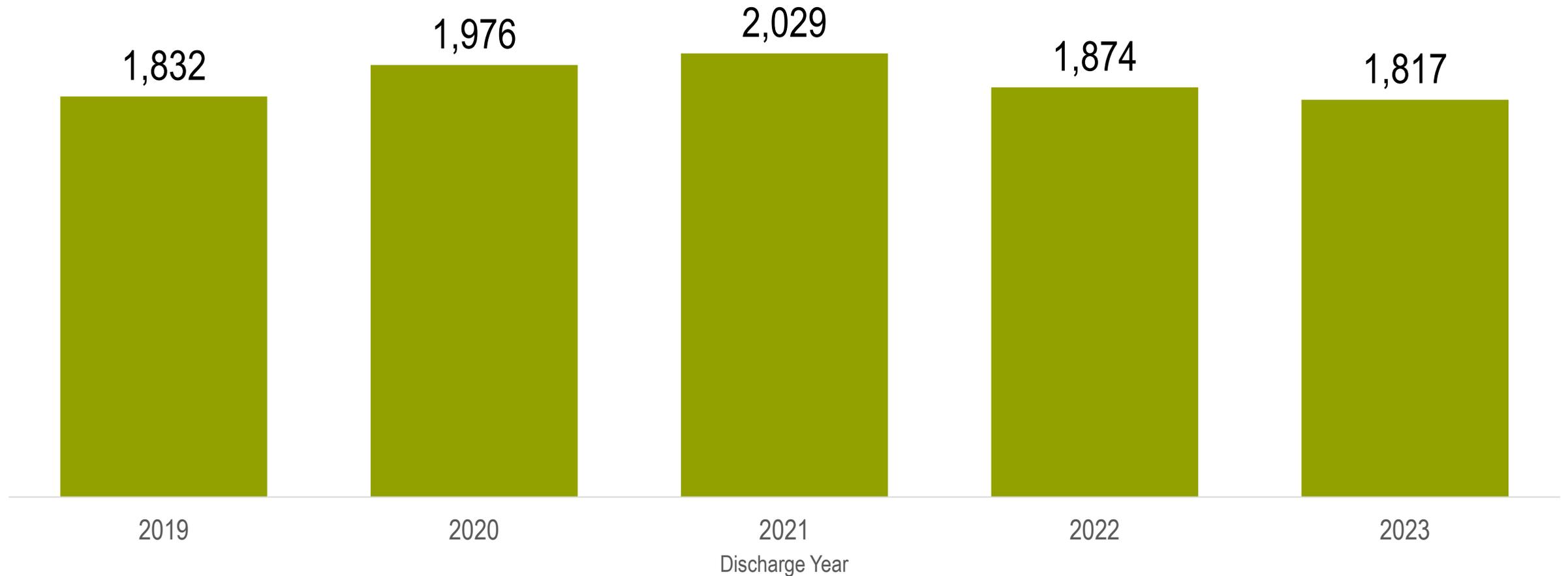


Drug Overdose

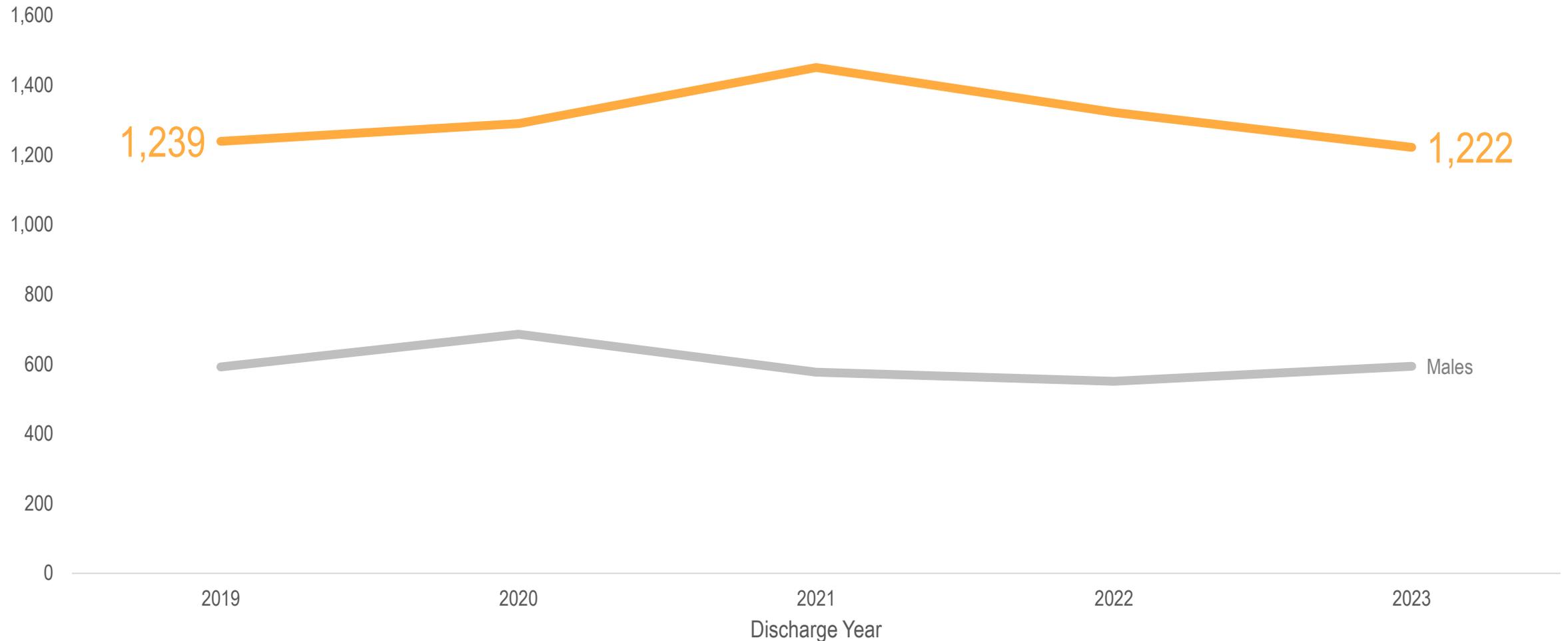
Hospital Discharge

Vital Statistics Death Certificate Data

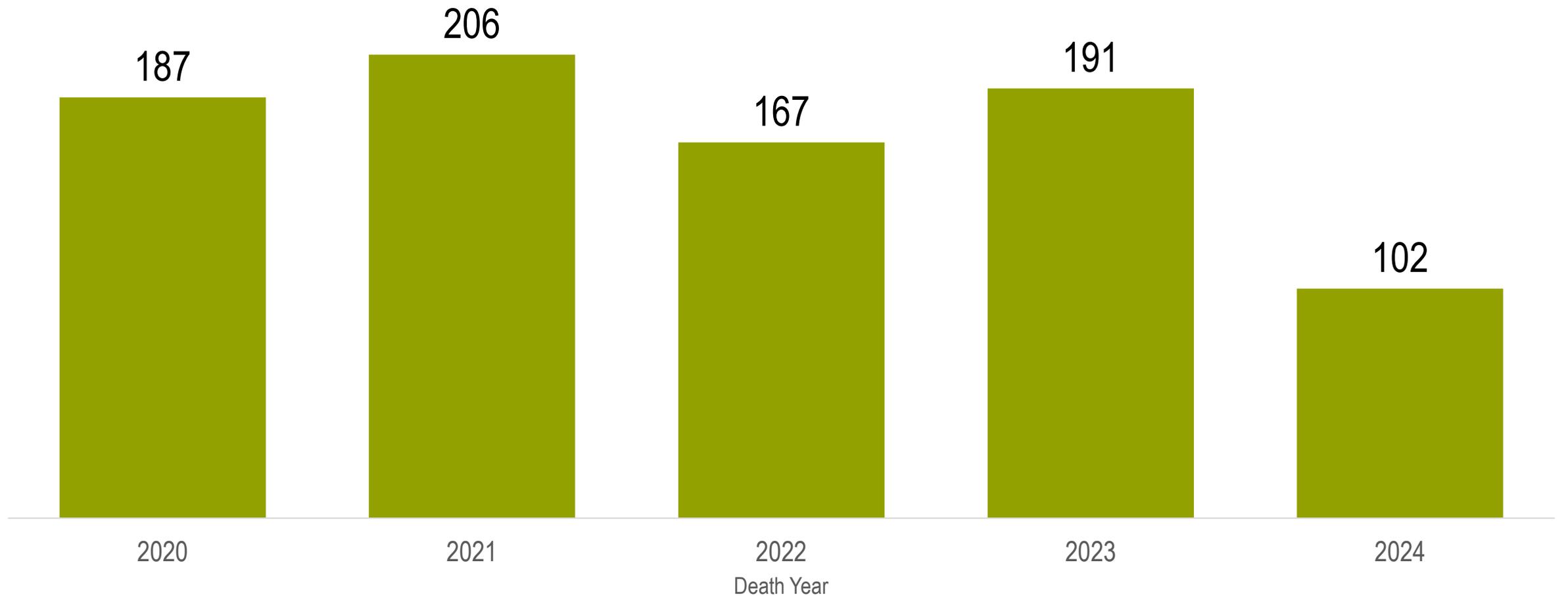
Drug overdose hospitalizations among Virginians aged 10-24 years remained stable from 2019 to 2023.



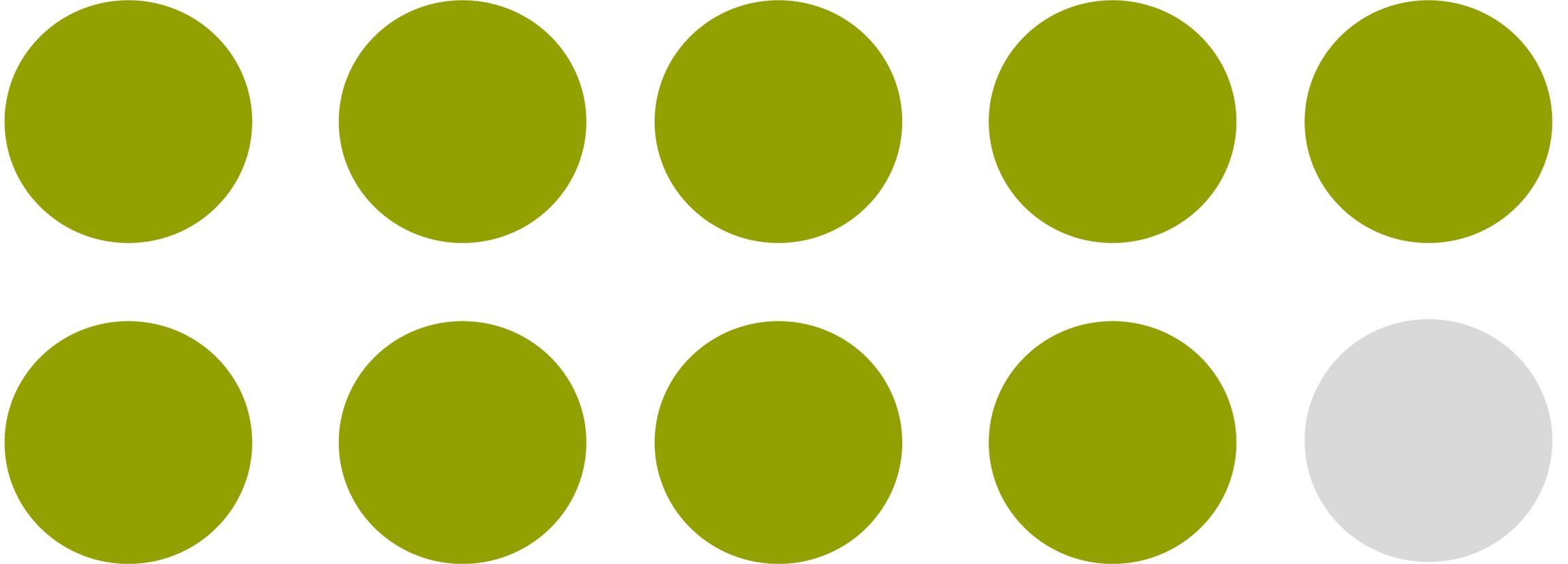
Most drug overdose hospitalizations were among **females**, but they remained stable from 2019 to 2023, with a peak in 2021.



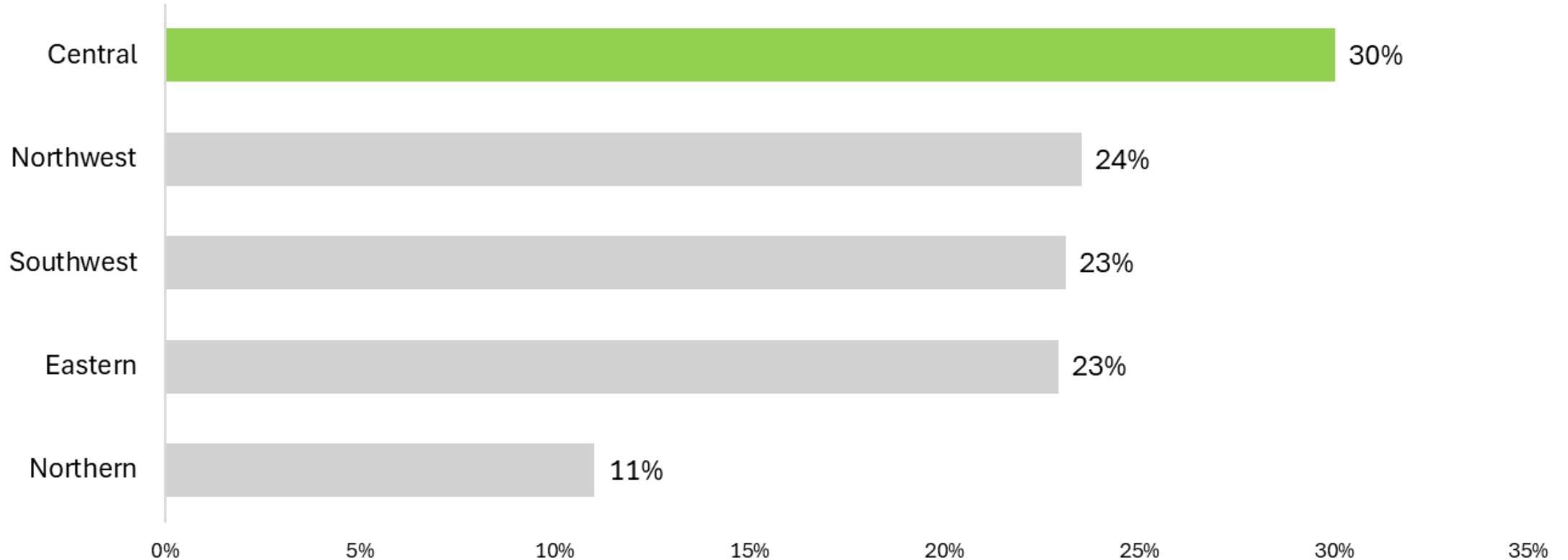
Drug overdose deaths decreased **45%** among Virginians aged 10-24 years from 2020 to 2024.



Almost **nine out of 10** (89%) drug overdose deaths among Virginians aged 10-24 years in 2020 to 2024 involved an **opioid**.



Almost twenty percent (19.4%) of students reported having lived with a parent or guardian who has had a problem with alcohol or drug use while living together.



Contact information and questions

Overdose@vdh.virginia.gov

Julia Mogren, MPH, CHES

Community Health Improvement Epidemiology Regional Coordinator

Julia.Mogren@vdh.virginia.gov

804-864-7858

Indicator definitions follow CDC and Council of State and Territorial Epidemiologists (CSTE) injury surveillance guidance.