



**Alzheimer's Disease and Related Disorders Commission  
Brain Health Work Group**

ELECTRONIC MEETING

<https://dsa-virginia.zoomgov.com/j/1608815542>

+1 669 254 5252 Meeting ID: 160 881 5542

Thursday, January 15, 2026  
12:00 pm - 1:30 pm

**PROPOSED AGENDA**

Welcome & Introductions	Michael Watson, <i>Chair</i>
Adopt Agenda <i>Action Item:</i> Adopt Agenda	Michael Watson
Review and Approve Minutes of Thursday, October 16, 2025 meeting	Michael Watson
Public Comment	Michael Watson
Dashboard Update	George Worthington
Discussion: Work Group Activities <ul style="list-style-type: none"><li>• Update on HFC Universe</li><li>• Final Review: Brain Health Social Media Toolkit</li><li>• Summary of Brain Health Education &amp; Goal 6 Alignment</li></ul>	George Worthington, Heather Kidd
New Business	Michael Watson
Upcoming Meetings: April 16, 2026 July 16, 2026 October 15, 2026	Michael Watson
Meeting Adjournment	Michael Watson