

NORTHWESTERN AREA LHRC

Final Minutes

November 12th, 2025

10:00 AM

209 W. Criser Rd #300, Front Royal, VA 22630

MEMBERS PRESENT

Kevin LeVan

Lisa Parlett

Katie Anderson

James Rankin

Linda Stasiak (Virtual)

Emma Stasiak (Virtual)

Stacey Umbenour

Cathy Wolfe

Members Absent

OTHERS PRESENT

Heather Hilleary – Human Rights Advocate, DBHDS Region 1

Artea Ambrose-Human Rights Advocate, DBHDS, Region 1

Angel Cooper-Community Living Specialist, Valley CSB

Brandy Moore-Wall Residences

Linda White-Good Life Corporation

Sarah Griffin-Good Life Corporation

CALL TO ORDER

Kevin LeVan called the meeting to order at 10:04 AM.

ROLL CALL/ATTENDANCE

Those in attendance made introductions. Chair welcomed attendees.

APPROVAL OF AGENDA

- Motion to approve agenda was made by Cathy Wolfe and seconded by James Rankin. The committee approved the agenda by unanimous vote.

APPROVAL OF MINUTES

NW Area LHRC August 2025 Minutes

- Motion to approve August 2025 minutes made by Cathy Wolfe and seconded by James Rankin. The committee approved the minutes by unanimous vote.

PUBLIC COMMENTS

- None

CHAIR ANNOUNCEMENTS

None

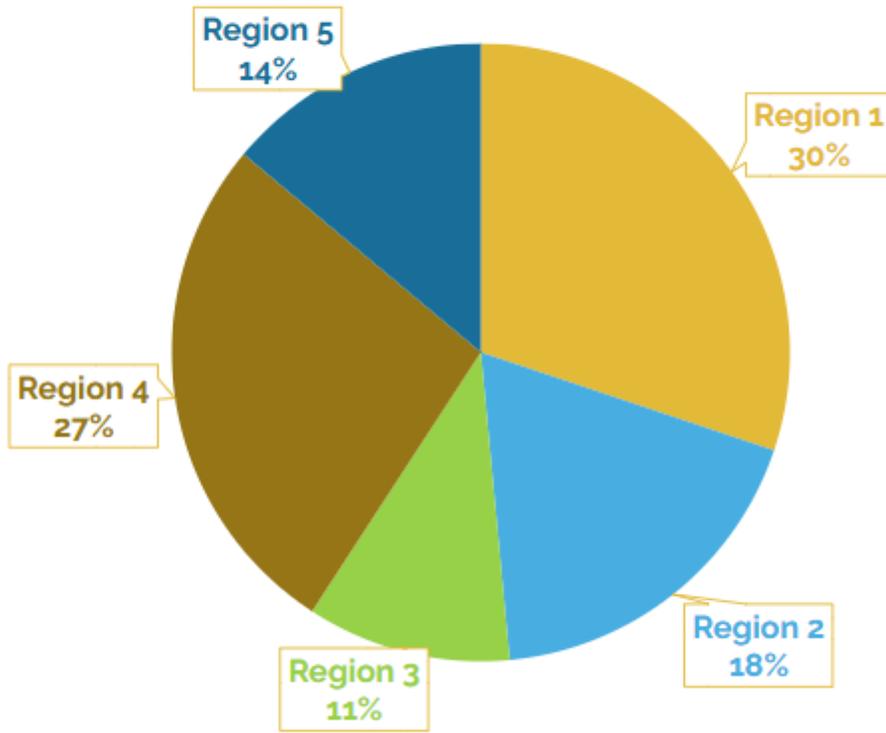
Advocate Report and Training

**FY2026
Q1 Advocate Comments**

ANE Complaints CSB/Providers	
Q4 (FY2025) April 1 – June 30, 2025	Q1 (FY2026) July 1 – September 30, 2025
278	263 (decrease of 15 reports/5 less per month this quarter)
Substantiated = 101/278 = 36.3%	Substantiated = 83/263 = 31.6% (decrease of approximately 4.7% rate of substantiation)
Non-ANE Complaints CSB/Providers	
Q4 (FY2025) April 1 – June 30, 2025	Q1 (FY2026) July 1 – September 30, 2025
28	55 (increase of 27 reports/9 more per month for the quarter)
Substantiated = 2/28 = 7.14%	Substantiated = 9/55 = 16.4% (increase of approximately 9.3% rate of substantiation)

FY25 Q4 ANE Reports by Region are reflected in the pie chart below.

% OF TOTAL REPORTS



Variations

There are currently no variations for community-based providers in Region 1.

Updates

- OHR was featured on a recent “Conversations with the Commissioner” episode. The team members who represented who we are and what we do were Andrea Milhouse (R4 Manager), Alonzo Riggins (Training and Development Coordinator), Artea Ambrose (Senior Human Rights Advocate), Jennifer Kovack (Associate Director, Community Operations), and Riley Curran (WSH/CCCA Human Rights Advocate)
- We want to thank Timber Ridge School for hosting OHR Region 1 SHRC meeting that occurred back in October. We are so very appreciative for Timber Ridge School’s willingness to host this committee meeting and all they did to make the committee feel welcome.
- **Check out our recruitment efforts for LHRCs and SHRCs here:**
 - To apply for the **LHRC**, please complete the application here: [LHRC Appointment Application 4.9.24](#)
 - To apply for the **SHRC**, please complete the application here: [SHRC Appointment Application 4.9.24](#)

Upcoming Events

2025 training opportunities are still available for Community-Based Providers on the OHR training schedule. Check out the 2025 training opportunities, and register today. The 2026 training calendar is under development and will be posted in the near future. ***Please ensure all investigators assigned to complaints involving allegations of abuse, neglect, or exploitation (ANE) have received training in investigations, as evidence of this training is required and must be documented by OHR in each ANE report.***

[2025-New-Provider-Orientation-Calendar.pdf](#)

[PDF-2025-Community-Provider-Training-Calendar.Final_.pdf](#)

Upcoming 2025 SHRC Meetings

The full SHRC meeting schedule can be found here: [2025-SHRC-Meeting-Schedule-Web.docx](#)

Stay tuned for the 2026 LHRC and SHRC meeting schedules which will be posted on the DBHDS website found here: [Human Rights - Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

NEW BUSINESS

- Restriction Reviews
 - Valley CSB
 - Wall Residences
 - Good Life Corporation
- Reappointment
 - Cathy Wolfe
 - Lisa Parlett
- Meeting Dates for 2026
 - February 11th
 - May 13th
 - August 12th
 - November 10th

CLOSED SESSION

Upon a motion made by Kevin LeVan and seconded by Stacey Umbenour the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose and discussion of restriction reviews and reappointment of 2 current committee members.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Locked Food) for Individual #1.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Locked Kitchen Half Door) for Individual #2 with the recommendation that provider better define restriction on LHRC review form and include measurable criteria for removal.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Public bathroom supervision) for Individual #3.

Based on discussion for the reappointment of LHRC committee member #1, it was recommended to approval of the reappointment of the LHRC committee member.

Based on discussion for the reappointment of LHRC committee member #2, it was recommended to approval of the reappointment of the LHRC committee member.

OLD BUSINESS:

- None

RETURN TO OPEN SESSION

A motion was made by Kevin LeVan and seconded by Stacey Umbenour to return to open session.

Upon reconvening in open session, each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session,

- Motion made by Kevin LeVan and seconded by Stacey Umbenour to approve Valley CSB Restriction (Locked Food) Review for Individual #1. The committee approved by a unanimous vote.
- Motion made by Kevin LeVan and seconded by James Rankin to approve Wall Residences Restriction (Locked Kitchen Half Door) Review for Individual #2 with the recommendation that the provider better define restriction on LHRC review form and include measurable criteria for removal. The committee approved by a unanimous vote.
- Motion made Kevin LeVan and seconded by Stacey Umbenour to approve Good Life Corporation Restriction (Public bathroom supervision) Review for Individual #3. The committee approved by a unanimous vote. Committee member, Cathy Wolfe recused self from voting.
- Motion made by Kevin LeVan and seconded by Stacey Umbenour to approve the reappointment of LHRC committee member #1. The committee approved by a unanimous vote. LHRC committee member, Cathy Wolfe recused self from voting.

- Motion made by Kevin LeVan and seconded by Cathy Wolfe to approve the reappointment of LHRC committee member #2. The committee approved by a unanimous vote. LHRC committee member, Lisa Parlett, recused self from voting.
- Motion made by Cathy Wolfe and seconded by Stacey Umbenour to approve the 2026 LHRC meeting dates. The committee approved by a unanimous vote.

Next meeting will be on **February 11th at 10:00 am** at 209 West Criser Rd. #300, Front Royal, VA.

MEETING ADJOURNED

Motion made by Kevin LeVan and seconded by Katie Anderson to adjourn the meeting. The committee approved by unanimous vote.

Hearing no other business items, Kevin LeVan adjourned the meeting at 10:54 AM.

Minutes were transcribed by, Heather Hilleary, Human Rights Advocate.