



Alzheimer's Disease and Related Disorders (ADRD) Commission Data and Research Work Group

Tuesday, February 3, 2026
2:00 pm - 3:30 pm

ELETRONIC MEETING
<https://dsa-virginia.zoomgov.com/j/1609590568>

+1 669 254 5252 Meeting ID: 160 959 0568

DRAFT Meeting Minutes

Members Present electronically:

Lana Sargent, *Chair*
Stephani Curry
Annie Rhodes
Faika Zanjani

Staff:

George Worthington
Heather Kidd

Welcome & Introductions

Lana Sargent welcomed members and called the meeting to order at 2:06pm.

Lana Sargent,
Chair

Adopt Agenda

Action Item: Adopt Agenda

There were no changes proposed to the agenda. Faika Zanjani moved to accept, seconded by Annie Rhodes. The motion passed unanimously.

Lana Sargent

Public Comment

No public comment was received.

Lana Sargent

Review and Approve Minutes of October 28, 2025, Meeting

There were no changes to the minutes, and they were adopted as presented.

Lana Sargent

Updates:

Legislation:

George Worthington reported that the General Assembly is advancing ADRD recommendations to extend the Commission to 2029, allocating \$2.5M for first responder dementia training, and \$2.05M annually for Dementia Care Specialists (DCSs).

George
Worthington

The State Alzheimer's Research Support Center (StARS):

The workgroup discussed data integration, outcome measures, and strategies to strengthen the case for state funding.

- Data Integration: StARS team finalizing outcome measures; goals will be shared with the workgroup for feedback.
 - Key Priorities: Need for health economist; use data to show benefits (caregiver support, reduced burden, delayed nursing home admission, cost savings). Suggestions included adding hospice variable, tracking respite, referral measures, and survey questions.
 - Next Steps: Accelerate initiatives, explore outcomes, and seek state-level data via Department of Medical Assistance Services (DMAS) or Virginia Department of Health (VDH) to demonstrate statewide impact and how Centers for Medicare & Medicaid Service (CMS) Guide complements other programs.
- The group agreed to move forward and leverage data access to strengthen funding justification.

Dashboard:

Mr. Worthington reported that the quarterly dashboard update is in progress and that work is underway on an accordion-style version. He also noted that the Dementia Services and Boards & Councils webpages have been updated, and that the new Dementia Capable Virginia (DCV) website will go live on Saturday, February 7.

Discussion:

Goal 5.2: Categorization of ADRD research across Virginia based on funding received

The group discussed adding research opportunities to the new DCV website, including sections for study opportunities and findings.

Ms. Zanjani reported The Alzheimer's and Related Diseases Research Award Fund symposium received positive feedback and fostered researcher collaboration.

The StARS initiative was highlighted as a strategy for Objective 5.2, offering a unified view of care coordination with program flexibility. Once proven effective, DARS can work to expand these programs.

Review state Care Coordination models: current practice vs. future vision and Approach to Dementia Care Coordination in other states:

These agenda topics were folded into the above discussion.

Upcoming Meetings:

May 5, 2026,
August 4, 2026

George
Worthington,
Heather Kidd

Lana Sargent

Meeting Adjournment

Ms. Sargent adjourned the meeting at 3:11 pm.

Lana Sargent