

NORTHWESTERN AREA LHRC

Final Minutes

February 11th, 2026

10:00 AM

209 W. Criser Rd #300, Front Royal, VA 22630

MEMBERS PRESENT

Lisa Parlett

Katie Anderson

James Rankin

Emma Stasiak (Virtual)

Stacey Umbenour

Cathy Wolfe

Members Absent

Kevin LeVan

Linda Stasiak

OTHERS PRESENT

Heather Hilleary – Human Rights Advocate, DBHDS Region 1

Artea Ambrose-Human Rights Advocate, DBHDS, Region 1

Amber Day-LHRC Member Applicant

Deanna Rennon-LHRC Member Applicant

Nikki Reid-Grafton Integrated Health Network

Candice Cage-Immanuel Residential Services

Jocelynn Easton-Happy Homes

CALL TO ORDER

Stacey Umbenour called the meeting to order at 10:05 AM.

ROLL CALL/ATTENDANCE

Those in attendance made introductions. Chair welcomed attendees.

APPROVAL OF AGENDA

- Motion to approve agenda with changes (removal of item c. Restriction Review-Horizon Behavioral Health and addition of item e. Restriction Review-Happy Home) was made by Cathy Wolfe and seconded by Katie Anderson. The committee approved the agenda by unanimous vote.

APPROVAL OF MINUTES

NW Area LHRC November 2025 Minutes

- Motion to approve November 2025 minutes made by Cathy Wolfe and seconded by Katie Anderson. The committee approved the minutes by unanimous vote.

PUBLIC COMMENTS

- None

CHAIR ANNOUNCEMENTS

None

Advocate Report and Training

FY2026 Q2 Advocate Comments

ANE Complaints CSB/Providers	
Q1 (FY2026) July 1 – September 30, 2025	Q2 (FY2026) October 1 – December 31, 2025
263	258 (decrease of 5 reports for the quarter)
Substantiated = 83/263 = 31.6%	Substantiated: 75/258 = 29% (decrease of 2%)
Non-ANE Complaints CSB/Providers	
Q1 (FY2026) July 1 – September 30, 2025	Q2 (FY2026) October 1 – December 31, 2025
55	33 (decrease of 22 reports)
Substantiated = 9/55 = 16.4%	Substantiated = 6/33 = 18% (increase of approximately 1.5% rate of substantiation)

Variations

There are currently no variations for community-based providers in Region 1.

Updates

- **Check out our recruitment efforts for LHRCs and SHRCs here:**
 - To apply for the **LHRC**, please complete the application here: [LHRC Appointment Application 4.9.24](#)
 - To apply for the **SHRC**, please complete the application here: [SHRC Appointment Application 4.9.24](#)

Upcoming Events

2026 training opportunities have been posted on the OHR page on the DBHDS website for the first quarter (January – March). ***Please ensure all investigators assigned to complaints involving allegations of abuse, neglect, or exploitation (ANE) have received training in investigations, as evidence of this training is required and must be documented by OHR in each ANE report.***

[Resources for Licensed Providers - Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

Upcoming 2026 LHRC and SHRC Meetings

Dates are subject to change based on weather conditions, availability of an in-person quorum of committee members and appropriate and accessible meeting locations.

Anyone may view and listen to open portions of any a Local or State Human Rights Committee meeting via the Microsoft Teams Webinar link for each specific meeting. This information is available on the [Commonwealth Calendar – Home \(virginia.gov\)](https://www.virginia.gov/commonwealth-calendar) You can use the following steps to search for LHRC and SHRC meeting information on the Commonwealth Calendar:

- *Select the date range for a meeting you are interested in.*
- *Select the Category for an “Open Meeting”*
- *Select the Sponsor as “Behavioral Health and Developmental Services, Department of”*
- *Enter a specific name of an LHRC, or simply “LHRC” or “SHRC” as a Keyword to assist in your search.*

Any changes to the LHRC meeting schedule will be reflected on the Commonwealth Calendar and parties are encouraged to look at the meeting information on the Commonwealth Calendar prior to planning their attendance

NEW BUSINESS

- New LHRC Member Applicant
 - Deanna Rennon
 - Amber Day
- Restriction Reviews
 - Grafton Integrated Health Network
 - Immanuel Residential Services
 - Happy Homes

CLOSED SESSION

Upon a motion made by Stacey Umbenour and seconded by Cathy Wolfe the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose and discussion of restriction reviews and 2 new LHRC member applicants.

Based on the discussion and review of LHRC applicant Member #1, it was recommended to approve the appointment of new applicant Member #1.

Based on the discussion and review of LHRC applicant Member #2, it was recommended to approve the appointment of new applicant Member #2.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (audio/video monitor) for Individual #1.

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (Locked Cabinets and Refrigerator in kitchen) for Individual #2

Based on discussion of the need for the restrictive plan, it was recommended to approve continuation of the Restriction (video monitor/pelvic slider belt) for Individual #3.

OLD BUSINESS:

Wall Residences Restriction Review-better defined restriction and measurable criteria for removal as follows: Restriction: This restriction is to prevent burns, cuts, illness, and puts staff at health risks as well as risk of injury. Criteria for Removal: If the individual can meet the following criteria for 60 consecutive days: If she can use caution when staff are cooking,(ie not touching hot pans and opening stove and cooking devices while in use, not rummaging through the refrigerator or shelf stable food with feces on her hands), this restriction can be removed.

RETURN TO OPEN SESSION

A motion was made by James Rankin and seconded by Lisa Parlett to return to open session.

Upon reconvening in open session, each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session,

- Motion made by Cathy Wolfe and seconded by James Rankin to approve the new appointment of LHRC committee for applicant Member #1. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Katie Anderson to approve the new appointment of LHRC committee for applicant Member #2. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Stacey Umbenour that Grafton Integrated Health Network Restriction (audio/video monitor) Review for Individual #1 is being implemented in accordance with Human Rights Regulations. The committee approved by a unanimous vote.
- Motion made by Cathy Wolfe and seconded by Katie Anderson that Immanuel Residential Services Restriction (Locked Cabinet and Refrigerator) Review for Individual #2 is not being implemented in accordance with Human Rights

Regulations and made the following recommendations: The provider seek updated SIS for Individual #2, re-assessment of treatment needs as outlined in the ISP specific to behaviors related to restriction, no lock on refrigerator as order is for cabinets only, update dr's order as needed and based on SIS and reassessment of treatment needs of Individual #2, ensure that other individuals in the home have full access to the locked cabinets, provide update at next scheduled LHRC meeting on May 13, 2026 at 10am. The committee approved by a unanimous vote.

- Motion made Stacey Umbenour and seconded by Lisa Parlett to approve Happy Homes Restriction (video monitor and pelvic slider belt) Review for Individual #3. The committee approved by a unanimous vote.

Next meeting will be on **May 13th at 10:00 am** at 209 West Criser Rd. #300, Front Royal, VA.

MEETING ADJOURNED

Motion made Stacey Umbenour by and seconded by Katie Anderson to adjourn the meeting. The committee approved by unanimous vote.

Hearing no other business items, Stacey Umbenour adjourned the meeting at 11:20 AM.

Minutes were transcribed by, Heather Hilleary, Human Rights Advocate.